

## brightline

# Introducing Brightline

Now available through Blue Shield of California

Convenient behavioral health care for children and teens\*



Brightline's three-part model helps children ages 1½ through 17 get coordinated, developmentally appropriate care.



#### Brightline **Connect+**

- App-based interactive digital resources
- Online classes and peer support groups
- Virtual chat with a coach for help anytime, anywhere



#### 1:1 video visits with board-certified behavioral health coaches

Brightline

Coaching

- Programs to help improve coping skills
- $\cdot\,$  Parent and caregiver support



### Brightline **Care**

- 1:1 video visits with licensed therapists, including providers who can prescribe medication
- Personalized, evidence-based care plans
- Clinical measurement and progress tracking

## Get started with Brightline

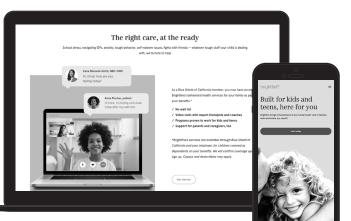
- Go to hellobrightline.com/blueshieldca
- C no m

**Questions?** 

- Create an online account
- Complete a quick assessment
- Connect with behavioral health experts



Call Brightline Member Support at **(888) 224-7332 (TTY: 711)** or email **care@hellobrightline.com**.





\* Brightline's services are available through Blue Shield of California for children covered as dependents on your health plan. We'll check your eligibility when you enroll. Deductibles and copays may apply.

All clinical services are provided by licensed physicians and clinicians practicing within independently owned and operated professional practices. For patients in California, this is known as "Brightline Medical Associates of California, Inc." For patients in New Jersey, this is known as "Brightline Medical Associates of Kansas, PA." For patients in Oregon, North Dakota, and Louisiana, this is known as "Brightline Medical Associates, PA." For patients in all other states, this is known as "Brightline Medical Associates, PA." For patients in all other states, this is known as "Brightline Medical Associates, PA." For patients in all other states, this is known as "Brightline Medical Associates, PA." For patients in all other states, this is known as "Brightline Medical Associates, PA." For patients in all other states, this is known as "Brightline Medical Associates, PA." For patients in all other states, this is known as "Brightline Medical Associates, PA." For patients in all other states, this is known as "Brightline Medical Associates, PA." For patients in all other states, this is known as "Brightline Medical Associates, PA." For patients in all other states, this is known as "Brightline Medical Associates, PA." For patients in all other states, this is known as "Brightline Medical Associates, PA." For patients in all other states, this is known as "Brightline Medical Associates, PA." For patients in all other states, this is known as "Brightline Medical Associates, PA." For patients in all other states, this is known as "Brightline Medical Associates, PA." For patients in all other states, this is known as "Brightline Medical Associates, PA." For patients in all other states, this is known as "Brightline Medical Associates, PA." For patients in all other states, this is known as "Brightline Medical Associates, PA." For patients in all other states, this is known as "Brightline Medical Associates, PA." For patients in all other states, this is known as "Brightline Medical Associates, PA." For patients in al

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